

# Lateralization of Mesial Temporal Lobe Epilepsy with Chronic Ambulatory Electrocorticography

### KING-STEPHENS D, ET AL. EPILEPSIA. 2015 JUN;56(6):959-67

### SUMMARY

- Chronic ambulatory ECoG monitoring as performed by the RNS<sup>®</sup> System may provide clinically meaningful information about lateralization of mesial temporal lobe seizures.
- For patients with bilateral mesial temporal onsets, the length of time to record the first bilateral seizure was, on average, more than 5 weeks after implant.

# **METHODS**

**Study Design:** Retrospective analysis of ambulatory ECoG data in patients with mesial temporal epilepsy implanted with bilateral mesial temporal lobe electrodes.

**Population:** 82 patients<sup>1</sup> enrolled in the RNS<sup>®</sup> System randomized controlled trial. Average follow-up was 4.7 years (1 month - 7 years).

**Primary Outcomes:** ECoG data were reviewed to determine lateralization of electrographic seizures and time interval required to confirm bilateral seizures.

### **KEY RESULTS**

In patients with bilateral seizures, it took an average of **41.6 days** (median 13, range 0–376) to record the first bilateral electrographic seizures in the ambulatory setting.<sup>2</sup>





In 20% of patients, the originally presumed lateralization determined by prior diagnostic testing changed after chronic ambulatory ECoG monitoring:

- Of 11 patients originally presumed to have unilateral onsets, 64% had bilateral electrographic seizures
- Of 71 patients originally presumed to have bilateral onsets, 13% had only unilateral electrographic seizures



# **ADDITIONAL OBSERVATIONS**

#### Reasons why bilateral leads were implanted in the 11 presumed unilateral patients:

- Memory concerns per Wada testing (5)
- Bilateral hippocampal atrophy or mesial temporal sclerosis (3)
- Prior contralateral temporal lobectomy (2)
- Discordant EEG and PET lateralization (1)

# For subjects who ultimately had bilateral onsets compared with those who had only unilateral seizures, there was **no difference** in:

- History of treatment with vagus nerve stimulation or epilepsy surgery
- Duration of epilepsy
- Seizure frequency
- Number of AEDs at enrollment
- Frequency of mesial temporal sclerosis or hippocampal atrophy

#### Footnotes

- 1. 18 yrs. or older, refractory to 2 or more AEDs and with no more than 2 foci localized by diagnostic testing
- 2. All patients who eventually had bilateral electrographic seizures (n=69) irrespective of original classification
- 3. Average follow up of 3.9 years (median 4.1 years; range 0.4 7.0 years)
- 4. Average follow up of 5.0 years (median 4.8 years; range 2.9 6.5 years)



Receimportant prescribing and safety information in the RNS\* System labeling. This is intended as supplementary information and should be used in conjunction with the labeling. Refer to the labeling for a description of the RNS\* System and its components, indications for use, contraindications, warnings, cautions, adverse events and instructions for use. The manuals are available at www.NeuroPace.com.

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