

# Doctor Discussion Guide

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Date: \_\_\_\_\_

These conversation starters can help you talk with your doctor at your next appointment. If your doctor agrees other epilepsy treatments may be an option, you can ask for a referral to an epilepsy specialist.

You can use this **Find a Center** tool to find a **Comprehensive Epilepsy Center** near you: [NeuroPace.com/findacenter](https://www.neuropace.com/findacenter)



## **?** Epilepsy Specialist:

A type of neurologist who has completed medical training to become a specialist in seizure and epilepsy treatments.

## **?** Comprehensive Epilepsy Center:

Specialized epilepsy centers that have teams of experts who can provide you with a complete evaluation and treatment options.

### TODAY I FEEL: *(circle below)*



Calm - Confident

Nervous - Anxious

Worried - Confused

I feel this way:  **Only Today**  **Most of the Time**  **All of the Time**

### MY OVERALL GOAL FOR TODAY'S VISIT IS:

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### THESE ARE THE MOST IMPORTANT GOALS TO ME: *(Check all that apply)*

- Build and strengthen my social and family relationships
- Reduce the frequency and severity of my seizures
- Reduce negative seizure symptoms like poor memory or trouble talking
- Feel more in control and independent: be able to work or go to school
- Reduce my risk of Sudden Unexpected Death in Epilepsy (SUDEP)
- Reduce my seizure medications and their side effects like always being tired
- Other: \_\_\_\_\_

### SUGGESTED TOPICS FOR DISCUSSION WITH YOUR DOCTOR

1. What type of seizures do I have?

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2. What other types of tests have I not yet tried to find my seizure type?

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3. On average, the number of seizures I have: \_\_\_ **a day** \_\_\_ **a week** \_\_\_ **a month**

4. How many seizure medications have I tried?  **1**  **2**  **3**  **4**  **5 or more**

5. Is my epilepsy considered drug resistant?  **Yes**  **No**

6. What treatment options are there aside from medications?

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7. What types of results might other treatment options provide me?

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8. What types of side effects are associated with the various treatment options?

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9. What are the next steps to discover if I might be a candidate for other treatment options?

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10. What Comprehensive Epilepsy Center do you refer your other patients to for diagnostic testing or surgery?

**Hospital:**

**Contact person:**

**Phone:**

11. I recently learned about the NeuroPace RNS System.  **Yes**  **No**  
Is this something that I might be a candidate for?

**If No, why?** \_\_\_\_\_

**If Yes, why?** \_\_\_\_\_

12. My additional questions are:

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Rx Only. The RNS® System is an adjunctive therapy for adults with refractory, partial onset seizures with no more than 2 epileptogenic foci. See important safety information at <http://www.neuropace.com/safety/>.  
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455 N. Bernardo Ave., Mountain View, CA 94043. NP 190054 Rev 2 / Rev. date: 2022-08

**DOCTOR DISCUSSION GUIDE'S GOALS BASED ON REFERENCE:**  
Becker, "Patient, caregiver, healthcare professional perspectives," 107816.

